

October Half Term 2010

Activities in Barnet for Children and Young People aged 10+



In this booklet you will find different activities that are happening this holiday for children and young people in Barnet through Futureversity (was 'Summer Uni London')

Barnet Youth and Connexions who organise all the courses and Futureversity course tutors welcome the inclusion of disabled young people and are keen for young people to access as many activities as possible. IPOP work very closely with Barnet Youth and Connexions to make sure disabled young people have the right information and support to get the best out of the courses they attend. All of the courses available are **free**, however a £5 deposit is required to secure your place.

At the end of the booklet you will find a list of useful numbers of organisations that can give you more information and advice on things to do for all children and young people.



... the new name for...



How to book a Futureversity course in 4 steps!

1. Go to www.futureversity.org
2. Register on the website, either as an young person or parent
3. Once you are registered, choose 'Barnet', search through the courses, pick the ones you like and choose them by clicking 'add to my course cart'
4. Print of the 'Parent Authorisation form, add your £5 cheque deposit and send it to address given

You will then receive regular email updates about your application

Please note- your place will not be confirmed until your Parent Consent and deposit has been received. You will not be able to turn up on the day with your consent form- it must be received before the course begins.

Last date to enrol on courses directly is Monday 18th October 2010.

Want IPOP to refer? Contact us by Thursday 14th October at the latest

Too much choice? Need more information?

Interested in an activity, but not sure if it will be suitable or feel your child/ young person may need extra support to access it? Just give us a call at IPOP and we will see what we can do to help. Check the website regularly for updates and new courses being added. Many courses for young people up to 19 years old, will take young people with learning difficulties/ disabilities up to 25 years old just ask

Your young person will need some extra support?

In the first instance, talk to us. You might have been allocated some hours for support from the Disabled Children's Team/Complex Needs Team/Adult Social Work team, which could be used at these activities, or you may need more hours. Or your young person might be able to be supported by one of our Group support workers that we place at these activities.

Letting IPOP know about the courses you have booked

Please do let us know at IPOP if you have booked onto a course so we can liaise with the organisers and make sure the right support is in place for your young person

No access to the Internet?

If you do not have Internet access, or would just prefer us to do it, IPOP can refer your young person to their chosen course. We will then keep you informed of the progress of your application. Just phone IPOP on 020 8441 0404 to request a referral to a course.

Barnet Talent Week

As part of this programme, lots of courses are linking to the national 'Talent Week' initiative. On Friday 29th October many of the activities will culminate in young people showcasing their skills live on stage at the Brent Cross shopping centre.

SPORTS AND ACTIVE



Multisports

Dates: Mon 25th, Tues 26th & Weds 27th October (3 days)

Age Group: 11-19 years (up to 25 years for young people with learning difficulties/disabilities)

Times: 10-1pm

Venues: Woodhouse College, Woodhouse Road, Finchley, London N12 9EX

Activities: A great way to learn and play some great new sports. Come and play lacrosse, short tennis, tag rugby, Kwik Cricket, football, basketball and more with us at Elite Sports. Never played before? Great! Come and have fun the Elite way.

Body and Soul Sports with Youth Leadership

Dates: Mon 25th, Tues 26th, Weds 27th & Fri 29th October (4 days)

Age Group: 11-19 years (up to 25 years for young people with learning difficulties/disabilities)

Times: 1-5pm & 12-1pm at Brent Cross on Friday 29th

Venues: Woodhouse College, Woodhouse Road, Finchley, London N12 9EX

Activities: Bruce Lee's Kung Fu - Wing Chun, Tai Chi and self-protection skills, sparring, body conditioning, incorporating football, basketball and other games. Get fit, have fun and get a certificate. Learn something that may save your life, and may lead to a job in fitness and health. As part of Talent week at Brent Cross shopping centre, this activity will involve a showcase on Friday of some of the work which young people would have learnt during the week. You will be required to be at Brent Cross on Friday 29th October from 12-1pm.

Speed Chess

Dates: Mon 25th, Tues 26th, Weds 27th & Fri 29th October (4 days)

Age Group: 10-15 years

Times: 1-4pm & 11-12pm at Brent Cross on Friday 29th

Venues: Canada Villa Youth Centre, Pursley Road, Mill Hill London NW7 2BU

Activities: This 3-in-1 chess course is suitable for everyone from complete beginners through to the experienced tournament players. Certificates are given for taking part. Students who successfully completing the assessment at the end of the course will be awarded the English Chess Federation Certificate of Excellence at Bronze, Silver or Gold Level! As part of Talent week at Brent Cross shopping centre, this activity will involve a showcase on Friday of some of the work, which young people would have learnt during the week. You will be required to be at Brent Cross on Friday 29th October from 11am-12pm.



PERFORMING AND CREATIVE ARTS

Jewellery Making

Dates: Mon 25th-, Tues 26th, Weds 27th & Fri 29th October (4 days)

Age Group: 11-17 years (up to 25 years for young people with learning difficulties/disabilities)

Times: 10.30-2pm (M, T, W) & 4-6pm at Brent Cross on Friday 29th

Venues: London Academy Spur Road Edgware Middlesex HA8 8DE

Activities: Design and create your own jewellery using a wide range of materials and show your design to the public. As part of Talent week at Brent Cross shopping centre, this activity will involve a showcase on Friday of some of the work, which young people would have learnt during the week. You will be required to be at Brent Cross on Friday 29th October from 4-6pm.

Make a silent Movie track

Dates: Mon 25th, Tues 26th, Weds 27th, Thurs 28th October (4 days)

Age Group: 13-19 years (up to 25 years for young people with learning difficulties/disabilities)

Times: 11-5pm

Venues: Canada Villa Youth Centre, Pursley Road, Mill Hill London NW7 2BU

Activities: Ever fancied writing a soundtrack for a classic silent movie, well now is your chance. Together with the Phoenix Cinema and the Rithmik music project you will have the opportunity to work alongside some of the country's most talented music producers who will expertly guide you on your journey. You will rewrite the music for a classic silent movie then in November will be invited to the Phoenix Cinema, one of the oldest cinemas in the world where you will perform your track live in front of an audience to the original film. On the first day you will meet the leading silent movie composer of his generation, he will give a master class on the subject.

Dance like Michael Jackson

Dates: Mon 25th-, Tues 26th, Thurs 28th & Fri 29th October (4 days)

Age Group: 11-16 years

Times: 11-4pm & 2-2.30pm on 29th October at Brent Cross

Venues: Finchley Youth Theatre 142 High Road East Finchley N2 9ED

Activities: Michael Jackson is one of the greatest dancers of all time, both in creativity and performance. His moves have mesmerised audiences around the globe, as well as inspired a generation of dancers. Through his dance steps he will continue to inspire generation after generation. Ever wanted to move like Michael? Well now is your chance! This course is suitable for all levels and finishes with a showcase performance for friends and family. As part of Talent week at Brent Cross shopping centre, this activity will involve a showcase at the shopping centre on Friday 29th October between 2.00-2.30pm

Pottery at the Institute

Dates: Mon 25th, Tues 26th & Weds 27th October (3 days)

Age Group: 10-15 years

Times: 10-12.30pm

Venues: The Institute Arts Centre 3 Beaumont Close East Finchley N2 0GA

Activities: This popular pottery class gives you the chance to enjoy clay creatively in the beautiful setting of our state of the art pottery studio. Have fun making clay people, animals, birds, fantastic creatures - or whatever takes your fancy.

Cartooning

Dates: Mon 25th, Tues 26th, Weds 27th October (3 days)

Age Group: 10-15 years

Times: 10-12.30pm

Venues: The Institute Arts Centre 3 Beaumont Close East Finchley N2 0GA

Activities: Have loads of fun drawing jokes, comic strips, caricatures and greeting cards. Learn how to produce humorous drawings suitable for every occasion.

Are You Barnet's Next Model?

Dates: Mon 25th, Tues 26th Weds 27th & Fri 29th October (4 days)

Age Group: 13-19 years (up to 25 years for young people with learning difficulties/disabilities)

Times: 10.30-2pm (M, T, W) & 3-5pm at Brent Cross on Friday 29th

Venues: London Academy Spur Road Edgware Middlesex HA8 8DE

Activities: Do you have aspirations of becoming a model? Do you want to learn how to look fabulous in the latest fashions? Do you want to learn some of the tricks of the trade? Would you like to take part in our talent week fashion show? As part of our positive activities program we are looking for young people of all shapes and sizes to model and be part of a showcase at the end of half term. To help you, we are offering some workshops, which will show you how to choose fashions that suit you, walk tall and with confidence and how to look and behave just like a model. It's fun, practical and will give you lots of ideas on how to look like a model every day!! As part of Talent week at Brent Cross shopping centre, this activity will involve a showcase on Friday of some of the work, which young people would have learnt during the week. You will be required to be at Brent Cross on Friday between 3-5pm.

Godzilla and Mystical Monsters

Dates: Mon 25th, Tues 26th and Weds 27th October (3 days)

Age Group: 11-13 years

Times: 10.30-3.30pm

Venues: Rainbow Youth Centre, Rainbow Centre Dollis Valley Drive Barnet EN5 2UN

Activities: A chance to create a fantasy environment with truly terrifying (or people friendly) monsters and imaginary or mystical creatures dominating the landscape. You will be working on a 3D piece, designing, constructing armatures and building your own creatures in plaster, mod roc, wood and wire. Using paints, patinas, sprays and mixed media to complete your work.

Fashion at the Academy

Dates: Mon 25th, Tues 26th, Weds 27th & Fri 29th October (4 days)

Age Group: 11-17 years (up to 25 years for young people with learning difficulties/disabilities)

Times: 10.30-2pm (M, T, W) & 3-5pm at Brent Cross on Friday 29th

Venues: London Academy Spur Road Edgware Middlesex HA8 8DE

Activities: Create a new and exciting garment ready for the catwalk. Use last season's clothing to learn how to adapt, re-style and decorate your clothes. You will have to think about the design process with the ultimate aim of show casing your finished pieces in public to an audience on the Friday. As part of Talent week at Brent Cross shopping centre, this activity will involve a showcase on Friday of some of the work, which young people would have learnt during the week. You will be required to be at Brent Cross on Friday 29th October from 3-5pm.

Fashion at the Institute

Dates: Mon 25th, Tues 26th, & Weds 27th October (3 days)

Age Group: 10-15 years

Times: 1-3.30pm

Venues: The Institute Arts Centre 3 Beaumont Close East Finchley N2 0GA

Activities: Getting "the look" begins here. Design your own customized T-shirts and a range of fashion accessories in this fun and totally up-to-the-minute workshop for young fashionistas.

PERSONAL DEVELOPMENT



Cookery at the Institute

Dates: Mon 25th, Tues 26th & Weds 27th October (3 days)

Age Group: 10-15 years

Times: 1-3.30pm

Venues: The Institute Arts Centre 3 Beaumont Close East Finchley N2 0GA

Activities: Come and get the opportunity to share our love of cooking good food. In a closely supervised class, you will learn to prepare a range of sweet and savoury dishes - all vegetarian and all nut-free.

Psychology

Dates: Mon 25th, Tues 26th & Weds 27th October (3 days)

Age Group: 14-17 years (up to 25 years for young people with learning difficulties/disabilities)

Times: 10-4pm

Venues: Burnt Oak Leisure Centre Watling Avenue Burnt Oak HA8 0EL

Activities: Psychology is the science of mind and behaviour. You will be introduced to the study of the human mind through presentations and discussions on human intelligence, mental illness, addiction and consciousness. In addition, there will be practical demonstration on detecting deception and social psychology and opportunity to discuss career pathways in psychology.

Dragon's Den

Dates: Mon 25th, Tues 26th, Weds 27th, Thurs 28th & Fri 29th October (5days)

Age Group: 14-17 years (up to 25 years for young people with learning difficulties/disabilities)

Times: 10-4pm & 2.30-3pm at Brent Cross (TBC)

Venues: Canada Villa Youth Centre, Pursley Road, Mill Hill London NW7 2BU

Activities: This course will be aimed at providing you with a solid introduction to Business Studies. It will provide you with a rounded view of business, focussing on both the external and internal environments. In addition, an introduction to each of the key areas and how they interact. You will experience formal lectures and workshops. In addition, there will be a group based consultation task where you will be required to look at specific businesses in a real life setting and present your report to a panel of dragons.

OTHER ACTIVITIES -(NOT FUTUREVERSITY)

Fun 4 All at Oak Lodge School for young people aged 11+

Lots of fun things to do ranging from computers to cooking, including an outing on Weds to Herts Young Mariners Base to do adventurous activities.

Running from 25th-29th October.

Contact Ayesha on 07703014314 or email: fun4allproject@aol.co.uk for more details on cost and activities.

USEFUL CONTACT NUMBERS

IPOP - 020 8441 0404. office@ipop.org.uk

LBB Complex Needs Team – 020 8359 7374/ 7721. Will advise on one to one support available and can let you know about many more 'short breaks' available to disabled young people.

Barnet Play Association- 020 8344 2755. Lots of information on play activities and also on Barnet Play Day

LBB Barnet Youth & Connexions Service - 020 8359 7842/ 7808/ 7830 (Can help with Futureversity queries and advise on all sorts of youth services for 13-25 year olds)

FYi- FYi, Barnet's Information Service for children and families on 0800 389 8312 or email fyi@barnet.gov.uk who can advise on all sorts of activities

www.barnetbase.net an online directory of children and young people's activities.

About IPOP

IPOP is a registered charity (no. 1076063) that provides services for disabled children and young people to access mainstream play and leisure services. We support children of all abilities play and socialise together both after school and in the holidays. Give us a call or pop in and see us to find out more.

IPOP, Salisbury Road, High Barnet, EN5 4JP
www.ipop.org.uk | 020 8441 0404 | office@ipop.org.uk
